



# Junior Guard



American Red Cross GuardStart: Lifeguarding Tomorrow is designed to prepare 11 to 14 year olds to take Red Cross Lifeguarding certification programs and for future work as lifeguards.

The program helps participants build a foundation of knowledge, attitudes and skills that they will need to be responsible lifeguards. Lessons are grouped into five main areas: prevention, fitness, response, leadership and professionalism.

Classes: Mon. thru Fri. 9:00-11:30am  
participants stay and swim & shadow REAL  
Lifeguards

3 classes this summer!!!

Jun 21st-25th

Jul 12th-16th

Aug 9th-13th

Class Minimum: 5

Class Maximum: 15

Sessions that do not meet the minimum will be cancelled and a credit or refund will be issued

# \$59

For more information on this or other programs offered, please call the Asotin County Family Aquatic Center at 758.0110  
[www.theaquaticcenter.org](http://www.theaquaticcenter.org)